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Visual Treats in Dermatology

Alopecia totalis in an infant

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A 4-month-old male child was brought with complete loss of scalp and eyebrow hair since birth. The child was born of third-degree consanguineous marriage, but no similar complaints in the family were present. No other systemic comorbidities or any drug intake preceding the hair loss was present. Antenatal history was uneventful, and the child was born at term without any complications. On examination, complete alopecia of the scalp and eyebrows, and eyelashes were noted [Figure 1a]. No papules were seen, and nails and mucosa were within normal limits. A dermoscopy of the scalp revealed the presence of evenly distributed clusters of follicles throughout [Figure 1b]. A scalp biopsy sent for histology that revealed the absence of mature telogen follicles and the presence of multiple keratin cysts [Figure 1c], there was no inflammatory infiltrate in the dermis. Serum vitamin D levels and parathormone levels were normal in the patient. Hence, a diagnosis of atrichia with papular lesions was made.

Atrichia with papular lesions is an autosomal recessive disorder due to a mutation in the Hairless (HR) gene. HR is a hair cycle regulator; thereby, mutation causes defective catagen arrest, thereby unable to re-enter the anagen phase. This leads to progressive keratin accumulation and cyst



Figure 1: (a) Complete alopecia involving the scalp, eyebrows, and eyelashes, (b) dermoscopy (DL4, $\times 10$, Polarized) showing cluster of stars appearance of hair follicular openings, and (c) high-power view ($\times 400$) of H and E specimen of scalp histology showing the presence of keratinous cysts of hair follicles.

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formation histologically before becoming evident on clinical examination as papular lesions. Differentials to be considered should be alopecia universalis congenita and vitamin D dependent rickets type 2. Biochemical parameters such as serum calcium, alkaline phosphatase, parathormone, and calcium levels can be assessed along with bone radiography to rule out vitamin D dependent rickets. Gene studies for HR mutation can confirm the diagnosis which could not be done in our patient due to affordability issues. A biopsy may be useful in the early infancy to distinguish between these clinical entities when the papules are not yet fully developed.^[1]

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent.

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Conflicts of interest

There are no conflicts of interest.

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