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**Innovations** 

# Ventral penile taping: A simple technique for assistantfree scrotal surgery

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#### **PROBLEM**

Performing scrotal surgeries, such as the excision of idiopathic scrotal calcinosis with radiofrequency, often poses a practical challenge: Positioning and stabilizing the penis [Figure 1]. This difficulty is compounded in dermatology procedure rooms or minor operation theaters, where dermatosurgeons frequently operate without an assistant. Conventionally, an assistant is required to hold the penis away from the surgical field, but the lack of availability can complicate procedures, prolong operative time, and affect precision.

#### **SOLUTION**

Ventral penile taping (VPT) is a simple, innovative technique to address this issue. After placing the patient in a supine position, a strip of micropore tape is applied to the ventral surface of the penis and secured to the lower abdomen [Figures 2 and 3]. This maneuver holds the penis away



Figure 1: Image showing the penoscrotal area with idiopathic scrotal calcinosis, illustrating how the penis may interfere with scrotal procedures.

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Figure 2: Image of the penoscrotal area with ventral penile taping (VPT) in position, demonstrating the correct technique for performing VPT.



Figure 3: Image of the penoscrotal area with ventral penile taping in position, illustrating the effective execution of the procedure for idiopathic scrotal calcinosis.

from the operative field, ensuring unobstructed access to the scrotum. VPT eliminates the need for an assistant while maintaining a sterile and stable surgical environment.

This approach significantly enhances procedural efficiency, allowing the surgeon to work independently without compromising safety or precision. Moreover, it reduces operative time and ensures optimal patient positioning throughout the procedure. This method is reliable and reproducible. The simplicity and effectiveness of VPT make it an indispensable tool for dermatologists performing scrotal surgeries in minor OT settings or procedure rooms. With minimal cost and effort, this technique has the potential to streamline scrotal procedures and support dermatosurgeons in delivering high-quality care independently. A similar technique can be applied for body folds or operation over the ear lobe/post auricular area as in the ear lobe keloid.

VPT offers a practical, assistant-free solution for scrotal surgeries, making it an essential addition to the dermatosurgeon's repertoire.

#### Ethical approval

Institutional Review Board approval is not required.

#### Declaration of patient consent

The author certifies that he has obtained all appropriate patient consent.

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Nil.

#### **Conflicts of interest**

There are no conflicts of interest.

## Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

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