

Innovations

An innovative disposable ring for mucosal examination and pressure hemostasis

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Received: 26 March 2025

Accepted: 14 April 2025

Published: 17 May 2025

DOI

10.25259/CSDM_61_2025

Video available online at

[https://doi.org/10.25259/](https://doi.org/10.25259/CSDM_61_2025)

[CSDM_61_2025](https://doi.org/10.25259/CSDM_61_2025)

Quick Response Code:



PROBLEM

Mucosal inspection of the oral cavity and genitalia is a difficult task. The available spatulas and tongue depressors are opaque, obstructing the field during mucosal surface examination. During small dermatosurgical procedures, the problem of local hemostasis is frequently encountered, for which plastic and steel rings with angulated handles are not widely available.^[1,2] Furthermore, a ring-shaped finger grip with scissors or forceps has been employed for pressure hemostasis, which is difficult to execute due to the instrument's straight handle.^[3] Instead of the metallic ring, we used a designed atraumatic disposable ring for clinical assessment and local pressure hemostasis.

SOLUTION

We suggest a customized disposable syringe ring and needle holder or an artery forceps for evaluating the mucosal surface and applying ring pressure to achieve hemostasis during minor skin surgery to limit bleeding. A hot surgical blade is used to cut the disposable syringe's finger guard or flange. After that, one finger flange is trimmed so that it can be used easily in the oral or vaginal cavity. Another intact flange is left intact to secure the ring with a needle holder or artery forceps and exert optimal pressure during the procedure [Figure 1a and b]. Because of the flange's

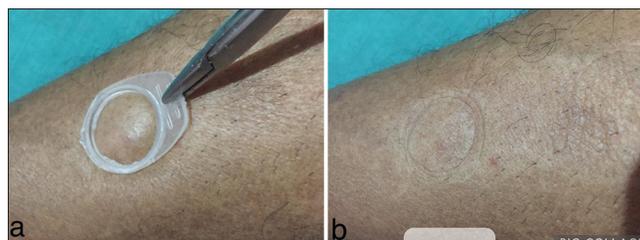


Figure 1: (a) The customized disposable ring is held with a needle holder and applied to the skin and (b) its impression.

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Figure 2: The ring is applied to normal buccal mucosa.



Video 1: The ring is used to examine the buccal mucosa.

sturdiness, strength, and flexibility, the holder or forceps angle can be adjusted during the examination and procedure to improve the field and hemostasis [Figure 2 and Video 1]. The size of the ring can be chosen based on the needs of the field. However, a smaller ring (5 or 10 mL syringe) has better annular occlusion ability, which can be useful in punch biopsy and granuloma pyogenicum procedures. This innovative ring is atraumatic, disposable, widely available, sterile, and inexpensive, making it simple to obtain during an inspection of mucosa and minor dermatosurgical procedures.

Ethical approval: Institutional Review Board approval is not required.

Declaration of patient consent: The authors certify that they have obtained all appropriate patient consent.

Financial support and sponsorship: Nil.

Conflicts of interest: There are no conflicts of interest.

Use of artificial intelligence (AI)-assisted technology for manuscript preparation: The authors confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

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How to cite this article: Mukhtar M, Mukhtar S. An innovative disposable ring for mucosal examination and pressure hemostasis. *CosmoDerma*. 2025;5:61. doi: 10.25259/CSDM_61_2025