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Visual Treats in Dermatology

Nevus lipomatosis cutaneous superficialis

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A 23-year-old man presented to our clinic with soft, painless, cerebriform, hyperpigmented, and sessile non-hairy plaques coalescing together [Figure 1a] on the left lower back along with multiple small satellite lesions for 3 years. Dermoscopy revealed a cerebriform surface with a honeycomb-like pigmentary network and comedo-like openings [Figure 1b]. Histopathology of the lesion revealed multiple lobules of mature adipocytes in the superficial and deep dermis. Based on the clinical, dermoscopic, and histopathological findings, we made a diagnosis of nevus lipomatosis cutaneous superficialis. Nevus lipomatosis cutaneous superficialis is a nevoid accumulation of mature adipocytes in dermis.[1] It usually appears in the first two decades of life. They have been reported in association with café-au-lait macules, leukodermic spots, localized hypertrichosis, comedo-like lesions, and angiokeratoma of Fordyce. The treatment of choice for this condition is surgical excision.



Figure 1: (a) Soft, painless, cerebriform, hyperpigmented, and sessile non-hairy plaques coalescing together on the left lower back along with multiple small satellite lesions and (b) Dermoscopy revealed a cerebriform surface with a honeycomb-like pigmentary network (red circle) and comedo-like openings (blue circle).

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Declaration of patient consent

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Conflicts of interest

There are no conflicts of interest.

REFERENCE

Vinay K, Sawatkar GU, Saikia UN, Kumaran MS. Dermatoscopic evaluation of three cases of nevus lipomatosus cutaneous superficialis. Indian J Dermatol Venereol Leprol 2017; 83:383-6.

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